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Darlington Bulletin
Term 4, Week 7

What’s on?

November

17/11
School Spec Rehearsal

18/11
DoE reforms talk in the hall 6pm-7pm

19/11
Year 5 and 6 Surf Education

20/11
Years 3-6 Cybersafety talk

20/11
Games day

20/11
Last Bookclub of the year due

Four and a half weeks to go, not that anyone at Darlington is counting. This week we have the years 5/6 off to Bondi for Surf Ed on Thursday and on Friday we have our Cyber Safety talk from the Office of the Children’s eSafety Commissioner. This talk is an important one for years 3-6 to attend as we are aware that almost all our students at Darlington PS have access to the internet at home and school.

Coming up on Wednesday 18th November I will be offering an evening meeting to take parents through what the Department of Education current reforms mean to us. It will be in the school hall at 6pm—7pm. Please come down to see what the changes mean to you and your child

A student has found what appears to be a wedding band in the playground, if you have lost yours please contact the office

STAR STUDENTS:

This week our “Artist of the Week” is from the Dingo class. Please check our school homepage to view the art. Each week a class updates their page on our website and this weeks class is the Dingo class, please check it out on the link below:


IMPORTANT INFORMATION

Last week, Monday 9th November 2015 a child had a severe allergic reaction to food that was brought in to celebrate a birthday. As a result we request that any celebration foods sent to school include a list of ALL ingredients so that we can avoid the situation arising again. We cannot serve food without thorough knowledge of what is inside the food, this will ensure the safety and wellbeing of all our students at Darlington PS.

Thank you for understanding
Darlington Public School
A centre for learning, enjoyment and cultural enrichment.

Download our mobile app from
www.darlingtonps.com.au

Scan with QR Code Reader
Power Supply Upgrade Program
North Eveleigh

NOTICE TO RESIDENTS AND BUSINESSES 13 November 2015

Work to upgrade electrical infrastructure at North Eveleigh is being undertaken as part of Transport for NSW’s Power Supply Upgrade Program. The program is designed to ensure Sydney’s rail network is able to meet expected power requirements to support future timetables and new generations of air conditioned fleet.

The project is being delivered by Downer on behalf of Transport for NSW.

Rail shutdown weekend work – 21 November and 22 November

Work to install new cable routes as well as testing of existing will be undertaken from 6am to 6pm on Saturday 21 and Sunday 22 November. This work is being undertaken outside standard construction hours to ensure the safety of workers and minimise impacts on rail customers. Refer to the table below for detailed construction activities.

Train services may be affected whilst these works occur. Please contact Transport Info on 131 500 or visit transport.nsw.info for more information about bus replacement services.

Construction activities and equipment

<table>
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<tr>
<th>Location</th>
<th>Date</th>
<th>Time</th>
<th>Activities</th>
<th>Equipment</th>
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<tr>
<td>North Eveleigh precinct</td>
<td>21 – 22 November</td>
<td>Saturday 6am to 6pm Sunday 6am to 6pm</td>
<td>service locations and testing relocation of services construction of new cable routes earthworks vegetation clearing concrete work</td>
<td>hand tools excavators concrete trucks bobcats trucks elevated work platforms</td>
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What you may notice

The project team will be accessing the rail corridor via established worksite. Nearby residents may notice workers on site and may hear some noise during these works. To minimise impacts on the community, noisier work will be planned during the day where possible.

Thank you for your understanding while we complete these works.

This document contains important information about public transport projects in your area. If you require the services of an interpreter, please contact the Translating and Interpreting Service on 131 450 and ask them to call Transport Projects on (02) 9200 0200. The interpreter will then assist you with translation.

Contact us
- Enquiries: 1800 684 490
- Urgent enquiries or complaints 24 hours: 1800 775 465
- Email: Projects@transport.nsw.gov.au
Brushing Our Teeth: A Dental Incursion

Linda (a local dentist) came in today to talk with us about how we can keep our teeth healthy and clean.

**What do we use our teeth for?**
Eating, talking and smiling.

**Heathy Eating**
The children identified ‘everyday’ and ‘sometimes’ foods and remembered the best things to drink are water and milk. The children compared healthy and dirty teeth and looked at the foods which help us maintain good oral hygiene (fruit, vegetables and dairy).

**Brushing Our Teeth**
We need to brush our teeth because of the build-up of germs that grow throughout the day, especially after eating ‘sometimes foods’ containing lots of sugar. We should brush our teeth twice a day - at morning and night. To brush our teeth we use a circular motion around the outside of our teeth, a scrubbing motion on the tops/bottoms of our teeth, and little circles around the inside of our teeth. If you have an electric toothbrush you are supposed to brush each tooth one at a time for 5 seconds each.

**Going To the Dentist**
We spoke about the dentist’s mirror which helps them see our teeth clearly and discussed times we’d been to the dentist as a group. Serena told us we’d need to wear glasses due to the bright light above the chair and Alby said he used the pink mouthwash which tasted ‘nice’.

**EYLF Principles**
- **EYLF Principle:** Partnerships.
- **EYLF Outcome 3** – Children take increasing responsibility for their own health and physical wellbeing.
Join in Games Day with Year 1—
You can have lots of fun!

Year 1 Frogs and Turtles have been making games out of recycled materials. We would like you to come and play them. Money will buy ICT resources for the school.

Friday 20th November
Bring some coins
buy tickets
and have fun.

5c buys 1 ticket to play any game.
10c—2 tickets
20c—5 tickets
50c—12 tickets

Recess and Lunch
in the Abercrombie St courtyard

10:00—11:00
12:00—1:00
1:30—2:15
by appointment
BETTER READ THAN DEAD
Our favourite bookstore Better Read Than Dead LOVE supporting their local schools but it is up to you to make it happen! Mention Darlington Public School whenever you make a purchase in store and 10% of all sales will go back to the school to be spent on books. This is a fantastic program and can really make a difference in assisting the library in keeping the collection up to date with the most in demand titles.

Comprehension help for teens
Some kids will read perfectly in primary school and then suddenly struggle with comprehension in high school. Here's why.

Planning for the future
Throughout your child's school life you'll need to make choices about aspects of their education and future. Here's a selection of tips to help you plan for parent-teacher talks, subject selection, careers advice and back-to-school.

Have a great week and remember:
“The greatest gift is a passion for reading. It is cheap, it consoles, it distracts, it excites, it gives you the knowledge of the world and experience of a wide kind. ” - Elizabeth Hardwick
Liz Sinnott
Principal

PLEASE VISIT OUR SOCIAL MEDIA PAGES:
Facebook:  https://www.facebook.com/darlington.ps.3
Twitter:  @DarloPS
Email:  darlington-p.school@det.nsw.edu.au
Website:  http://www.darlington-p.schools.nsw.edu.au/home
Ready for school checklist
Tick each item when it has been done (not all tasks will apply to you).

This year

☐ Attend school orientation or transition to school program.
☐ When immunisations are due, ask to have your child’s hearing and eyesight checked.
☐ If your child has an allergy, medical condition, takes medication or has any special needs, inform the school as early as possible and make an appointment to see the principal.
☐ Fill in a travel pass application if this applies to you. If needed phone 1800 227 774 or (02) 9891 8900 or go to www.transport.nsw.gov.au/ssst
☐ Organise out of school hours care.
☐ Practise walking or travelling to school.

Some things you might need to buy
☐ school uniform (summer, winter, sports)
☐ hat (usually part of school uniform)
☐ school shoes, socks and running shoes (try Velcro straps if your child can’t tie laces)
☐ backpack (may be available from the school)
☐ lunch box (have your child choose one they can open)
☐ water bottle ☐ paint shirt (an old T-shirt will do)
☐ raincoat ☐ library bag

Next year

January
On the following page, you will find the countdown to school calendar. You might like to spend some time each day with your child doing the tasks written on the calendar.

Get organised at home
☐ Write your child’s name on everything!
☐ Make sure you have the school’s phone number.
☐ If you have a son, make sure he knows how to use a urinal.

The night before the first day
☐ Lay out your child’s clothes, shoes and socks.
☐ Make your child’s recess and lunch and pop it in the fridge.
☐ Help your child to pack their school bag.
☐ Pack a spare pair of underpants, socks and a change of clothes in a plastic bag. Let your child know these are in their backpack in case they have any toilet accidents at school.

The first day
☐ Be confident about the first day with your child.
☐ Let your child dress themselves as much as possible.
☐ Tie back long hair or plait hair.
☐ Apply sunscreen and take a hat.
☐ Take photos!
☐ Pick up your child on time.
Ready for high school checklist
Tick each item when it has been done (not all tasks will apply to you).

This year

☐ Allergies, medical condition or special needs?
  Talk to the high school principal early.

☐ Encourage your child to participate in any transition to high school program offered to them.

☐ Watch videos about high school at: www.schools.nsw.edu.au/highschool

AT HIGH SCHOOL ORIENTATION

Find out about:

☐ school uniforms (including sports uniforms), where and when to buy them

☐ map of school

☐ school start and finish times

☐ transport to and from school – forms for travel pass or subsidy if applicable

☐ programs offered in the school

☐ book packs and school supplies lists

☐ ways to become involved in the school

☐ the name of the Year 7 adviser.

Next year

JANUARY

☐ Buy school uniforms, books, stationery, school bag, drink bottle, house key, etc.

☐ Label everything.

☐ Break in school shoes to make them more comfortable.

☐ Practise travelling to and from school with your child using the transport they will use. Let your child buy travel tickets, if applicable.

☐ Teach your child how to read the timetable for the bus, train or ferry as appropriate.

AT HOME

☐ Talk positively to your child about the move to high school.

☐ Ask them what’s exciting about high school.

☐ Does anything worry them?

☐ Make sure your child has a quiet work area and extra stationery supplies.

☐ Organise personal hygiene items in school bags.

☐ Decide what your child will do before and after school, and what time they need to be home.

☐ Discuss emergency and safety issues with your child.

Tips for the first week of high school

☐ Photocopy school timetables for school diaries, the inside of locker doors and on the fridge.

☐ Remind your child to note all assignments, homework and events in their diary.

☐ Check through the timetable each night while your child packs their bag. Encourage your teen to eat healthy food and get a good night's sleep.

☐ Give the school your current contact details.

THE FIRST DAY

☐ Help set your child’s alarm. Encourage them to get themselves ready on time.

☐ Provide your child with money and your contact numbers in case of emergencies.

☐ Make sure you have the school’s phone number with you.

Watch videos about high school at: www.schools.nsw.edu.au/highschool

For more information: www.schools.nsw.edu.au/highschool
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